

# Newsletter



Irish Liver Foundation Charity Launched in Dublin Prof Frank Murray, Prof Stephen Stewart, Prof Colm O'Morain.



Irish Liver Foundation Charity Launched in Dublin Prof John Ryan.



Irish Liver Foundation Charity Launch Dr Niamh Mehigan, Dr Aoife Moriarty.



Irish Liver Foundation Charity Launched in Dublin Ms Anne Brennan, Ms Michelle Bourke, Ms Aoife Coffey, Dr Caroline Conlon.



IRISH LIVER  
FOUNDATION

## Advocacy

Advocacy was the theme of the launch night. To put patients with liver disease at the forefront of quality care, up to date research and providing a supportive voice to those, who up until recently, had no Irish based support network. Prof John Ryan (Beaumont Hospital) presents his vision for the charity (pictured @ the launch)



## A Christmas Cracker!

One of our wonderful volunteers created bespoke Christmas crackers to make our launch night extra special, they went down a treat! We also raised €44 from selling the remaining crackers in one of our clinics!




## Welcome Everybody!

A warm welcome to the Irish Liver Foundation! In our first newsletter, we would like to take the opportunity to say a huge 'thank you' to all of our supporters. We are now up and running and encourage everyone to take a look at our website [www.irishliverfoundation.ie](http://www.irishliverfoundation.ie) Feel free to get in touch via our social media pages. We always welcome feedback.

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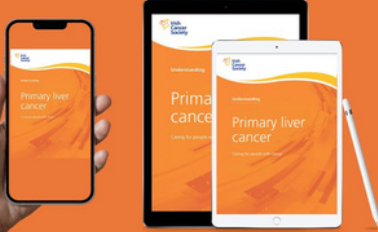


## What's making the news




We have a new patient booklet on Primary Liver Cancer.

Order a paper copy for free or download online.



The Irish Cancer Society recently launched a new patient booklet on Primary Liver Cancer. A link to the story is here:



In their latest edition, The Medical Independent highlighted the launch of the Irish Liver Foundation. The pictures above were taken on the night of the launch which took place on December the 13th at the Royal College of Physicians of Ireland. [www.medicalindependent.ie](http://www.medicalindependent.ie)

An article published by the Irish Times also highlighted the launch of the Irish Liver Foundation. Prof John Ryan highlighted the fact that, while alcohol is the main cause of liver disease, it is not the only cause. We need to eliminate the stigma associated with having a liver condition, no matter the cause.



New Irish research suggests that minimum unit pricing on alcohol reduces alcohol-related hospitalisations. See our twitter page for links to research articles!

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## How can you get involved?



The VHI Women's Mini Marathon takes place on Sunday the 4th of June. We would be delighted if any of our supporters would like to take part this year to raise vital funds for the foundation. Keep an eye on our social media pages for ways you can support us. If you are having a fundraiser of your own, contact the page so we can share it on our social media pages too! You can register to take part in the mini marathon by taking a picture of this link:



*Thank  
you!*

A massive THANK YOU to everyone who has donated and supported us so far